



# BAFA Return to Play - Scotland

## Levels 0-4 overview (With effect from 16 June 2021)

The Scottish Government has moved to a strategic approach to manage Covid-19 based on five graduated levels of protection.

	LEVEL 0	LEVEL 1	LEVEL 2	LEVEL 3	LEVEL 4
<b>FLAG FOOTBALL PRACTICE</b>	✓	✓	✓	✓ Over 18s - 2m physically distanced group activity or exercise only	✓ Over 18s - 2m physically distanced group activity or exercise only
<b>INTRA-CLUB FLAG GAMES / TOURNAMENTS</b>	✓	✓	✓	✓ Under 18s Only	✗
<b>INTER-CLUB FLAG GAMES / TOURNAMENTS</b>	✓	✓	✓	✓ Under 18s Only	✗
<b>MODIFIED CONTACT PRACTICE</b>	✓	✓	✓	✓ Under 18s Only	✗
<b>GROUP SIZES FOR GAMES / TOURNAMENTS AND PRACTICE</b>	As per current BAFA Return to Play guidelines for your format	As per current BAFA Return to Play guidelines for your format	As per current BAFA Return to Play guidelines for your format	Max 30 participants (including coaches) in a wholly separate group - per half full sized pitch	U12s max 30 participants and over 12s max 15 participants (including coaches) in a wholly separate group per half full sized pitch.
<b>INDOOR ACTIVITY</b>	✓	✓ Under 18s Only	✓ Under 18s Only	✓ Under 18s Only	✗
<b>TRAVEL - OVER 18s</b>	Travel into a Level 3 or Level 4 area to take part in American football activity is not permitted.	Travel into a Level 3 or Level 4 area to take part in American football activity is not permitted.	Travel into a Level 3 or Level 4 area to take part in American football activity is not permitted.	Travel into a lower or higher level area to take part in American football activity is not permitted.	Travel into or out of a Level 4 area to take part in American football activity is not permitted.
<b>TRAVEL - UNDER 18s</b>	Travel into a Level 3 or Level 4 area for American football activity is permitted if that is where it usually takes place.	Travel into a Level 3 or Level 4 area for American football activity is permitted if that is where it usually takes place.	Travel into a Level 3 or Level 4 area for American football activity is permitted if that is where it usually takes place.	Travel into a Level 3 or Level 4 area for American football activity is permitted if that is where it usually takes place.	Travel into or out of a Level 4 area for American football activity is permitted if that is where it usually takes place.
<b>TRAVEL - COACHES AND STAFF</b>	Coaches and club staff are permitted to travel to a Level 3 or Level 4 area for American football coaching and volunteering activity only	Coaches and club staff are permitted to travel to a Level 3 or Level 4 area for American football coaching and volunteering activity only	Coaches and club staff are permitted to travel to a Level 3 or Level 4 area for American football coaching and volunteering activity only	Coaches and club staff are permitted to travel to a lower or higher level area for American football coaching and volunteering activity only	Coaches and club staff are permitted to travel to a lower or higher level area for American football coaching and volunteering activity only
<b>TRANSPORT</b>	Avoid car sharing with people outside extended household where possible	Avoid car sharing with people outside extended household where possible	Avoid car sharing with people outside extended household where possible	You should not share a car with anyone from another household, unless you absolutely have to.	You should not share a car with anyone from another household, unless you absolutely have to.