



BAFA Return to Play - Scotland

Levels 0-4 overview (With effect from 29 April 2021)

The Scottish Government has moved to a strategic approach to manage Covid-19 based on five graduated levels of protection. American football activity in Scotland is currently at Stage 4 in BAFA's Return to Play Roadmap. Below is a table showing what this means for each protection level. Please refer to the Stage 4 Community Club Guidance for Scotland for more information.

	LEVEL 0	LEVEL 1	LEVEL 2	LEVEL 3	LEVEL 4
NON-CONTACT PRACTICE	✓	✓	✓	✓ Over 18s - 2m physically distanced group activity or exercise only	✓ Over 18s - 2m physically distanced group activity or exercise only
NON-CONTACT INTRA-CLUB GAMES	✓	✓	✓	✓ Under 18s Only	✗
NON-CONTACT INTER-CLUB GAMES	✓	✓	✓	✓ Under 18s Only	✗
MODIFIED CONTACT PRACTICE	✓	✓	✓	✓ Under 18s Only	✗
GROUP SIZES	Max 30 participants (including coaches) in a wholly separate group - per half full sized pitch	Max 30 participants (including coaches) in a wholly separate group - per half full sized pitch	Max 30 participants (including coaches) in a wholly separate group - per half full sized pitch	Max 30 participants (including coaches) in a wholly separate group - per half full sized pitch	U12s max 30 participants and over 12s max 15 participants (including coaches) in a wholly separate group per half full sized pitch.
INDOOR ACTIVITY	✓	✓ Under 18s Only	✓ Under 18s Only	✗	✗
TRAVEL - OVER 18s	Travel into a Level 3 or 4 area to take part in American football activity is not permitted.	Travel into a Level 3 or 4 area to take part in American football activity is not permitted.	Travel into a Level 3 or 4 area to take part in American football activity is not permitted.	Travel into a Level 4 area to take part in American football activity is not permitted.	Travel into or out of a Level 4 area to take part in American football activity is not permitted.
TRAVEL - UNDER 18s	Travel into a Level 4 area for American football activity is permitted if that is where it usually takes place.	Travel into a Level 4 area for American football activity is permitted if that is where it usually takes place.	Travel into a Level 4 area for American football activity is permitted if that is where it usually takes place..	Travel into a Level 4 area for American football activity is permitted if that is where it usually takes place.	Travel into or out of a Level 4 area for American football activity is permitted if that is where it usually takes place.
TRAVEL - COACHES AND STAFF	Coaches and other club staff are permitted to travel to a Level 4 area for American football coaching and volunteering activity only	Coaches and other club staff are permitted to travel to a Level 4 area for American football coaching and volunteering activity only	Coaches and other club staff are permitted to travel to a Level 4 area for American football coaching and volunteering activity only	Coaches and other club staff are permitted to travel to a Level 4 area for American football coaching and volunteering activity only	Coaches and other club staff are permitted to travel to a Level 4 area for American football coaching and volunteering activity only
TRANSPORT	Avoid car sharing with people outside extended household where possible	Avoid car sharing with people outside extended household where possible	Avoid car sharing with people outside extended household where possible	You should not share a car with anyone from another household, unless you absolutely have to.	You should not share a car with anyone from another household, unless you absolutely have to.