







# BAFA Return to Play Road Map - England

Before returning to activity, please review BAFA Return to Play guidance as appropriate for more detailed information. BAFA guidance must be followed at all times including record keeping for track and trace purposes, strong hand and equipment hygiene and distancing when not active. Visit [www.britishamericanfootball.org/Covid-19](http://www.britishamericanfootball.org/Covid-19)

	UNTIL 29 MARCH		FROM 29 MARCH				FROM 17 MAY (EARLIEST)	
<b>FLAG FOOTBALL</b>	STAGE 1 - INDIVIDUAL TRAINING		STAGE 4 - NON-CONTACT PRACTICE				STAGE 6 - RETURN TO COMPETITION	
<b>PERMITTED ACTIVITY</b>	Local exercise only		Full flag practice Non-contact inter-club friendly games permitted				Flag competition	
<b>MAXIMUM NUMBERS</b>	1 + household bubble		30 participants per wholly separate practice group per half pitch				Full roster for practice and games	
	UNTIL 29 MARCH		FROM 29 MARCH				FROM 24 MAY (EARLIEST)	FROM 21 JUNE (EARLIEST)
<b>CONTACT FOOTBALL</b>	STAGE 1 - INDIVIDUAL TRAINING		STAGE 5A - MODIFIED CONTACT	STAGE 5B - MODIFIED CONTACT	STAGE 5C - MODIFIED CONTACT	STAGE 5D - MODIFIED CONTACT	STAGE 6A - FULL CONTACT PRACTICE	STAGE 6B - RETURN TO COMPETITION
<b>PERMITTED ACTIVITY</b>	Local exercise only		All previously permitted non-contact activities plus: - On air unopposed activities - 1v1 blocking and tackling - 2v1 blocking and tackling within groups	Everything from Stage 5A plus: - 2v2 blocking and tackling within groups	Everything from stage 5B plus: - Groups of 6 players +1 coach may now practice opposed with distancing between groups and no press coverage	Everything from stage 5C plus: - Team activity – offense vs defense, special teams vs scout	- Full contact practice - No on field activity restrictions - No inter-club games / scrimmages permitted	Full-contact competition
<b>CONTACT DURATION</b>	Not permitted		 20 mins contact duration (unlimited non-contact)	 30 mins contact duration (unlimited non-contact)	 30 mins contact duration (unlimited non-contact)	 30 mins contact duration (unlimited non-contact)	As normal	As normal
<b>MAXIMUM NUMBERS</b>	1 + household/bubble		30 participants per wholly separate practice group per half pitch Split into groups of 6 players + 1 coach max for modified contact activities	30 participants per wholly separate practice group per half pitch Split into groups of 6 players + 1 coach max for modified contact activities	30 participants per wholly separate practice group per half pitch Split into groups of 6 players + 1 coach max for modified contact activities. Two groups of 6 players + 1 coach may now also practice opposed	Full roster	Full roster	Full roster