

EMERGENCY ACTION PLAN

This document is intended to help deliver an effective medical response in the event of a player, member of staff, official or spectator being injured or becoming ill whilst participating in American football activity.

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| Club Name |  |
| Team Name |  |
| Club Covid-19 Officer |  |
| Venue address | <insert map> |
| Emergency number | 999 |
| Non-emergency number | 111 |
| Insert first aider information | |
|  | |
| First Aid equipment available on site | |
| **Item** | **Location** |
| Defibrillator |  |
| First Aid Kit |  |
| First Aid Room |  |
| Access Routes | |
| 1. For Ambulance to venue: 2. Pitch to Ambulance: | |
| Other information | |
| Nearest Hospital (with A&E) |  |
| Directions to Hospital |  |
| Journey Time |  |
| Nearest Walk In Centre (WIC) |  |
| Covid-19 specific information | |
| Symptoms to be aware of | * **a high temperature** – this means you feel hot to touch on your chest or back (you do not need to measure your temperature) * **a new, continuous cough** – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual) * **a loss or change to your sense of smell or taste** – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal |
| What to do if you are presented with a potentially symptomatic club member | An individual should not attend American football activity if they:   * have coronavirus (COVID-19) symptoms or have tested positive for coronavirus * are told to self-isolate (stay at home) by a government test and trace service, because they've been in close contact with someone who's tested positive * need to self-isolate because someone in their household has symptoms or has tested positive * need to self-isolate because they've returned to the UK after a holiday or business travel   If they are already at practice and experience potential symptoms, they should:   * immediately and go home * avoid touching anything, and wash their hands regularly * avoid using public transport to travel home, if possible   Immediately follow the guidance here - [***https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/***](https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/) |
| Who to alert in the event of a confirmed positive case within your club | Covid-19@britishamericanfootball.org |