

EMERGENCY ACTION PLAN

This document is intended to help deliver an effective medical response in the event of a player, member of staff, official or spectator being injured or becoming ill whilst participating in American football activity.

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| Club Name |  |
| Team Name |  |
| Club Covid-19 Officer |  |
| Venue address | <insert map> |
| Emergency number | 999 |
| Non-emergency number | 111 |
| Insert first aider information |
|  |
| First Aid equipment available on site |
| **Item** | **Location** |
| Defibrillator |  |
| First Aid Kit |  |
| First Aid Room |  |
| Access Routes |
| 1. For Ambulance to venue:
2. Pitch to Ambulance:
 |
| Other information |
| Nearest Hospital (with A&E) |  |
| Directions to Hospital |  |
| Journey Time |  |
| Nearest Walk In Centre (WIC) |  |
| Covid-19 specific information |
| Symptoms to be aware of | * **a high temperature** – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
* **a new, continuous cough** – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
* **a loss or change to your sense of smell or taste** – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal
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| What to do if you are presented with a potentially symptomatic club member | An individual should not attend American football activity if they:* have coronavirus (COVID-19) symptoms or have tested positive for coronavirus
* are told to self-isolate (stay at home) by a government test and trace service, because they've been in close contact with someone who's tested positive
* need to self-isolate because someone in their household has symptoms or has tested positive
* need to self-isolate because they've returned to the UK after a holiday or business travel

If they are already at practice and experience potential symptoms, they should:* immediately and go home
* avoid touching anything, and wash their hands regularly
* avoid using public transport to travel home, if possible

Immediately follow the guidance here - [***https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/***](https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/) |
| Who to alert in the event of a confirmed positive case within your club | Covid-19@britishamericanfootball.org |