# BAFA Return to Play Roadmap

The BAFA return to play roadmap highlights how competitive American football could return during the the current Covid-19 pandemic. While we're all eager to return to American football, the welfare of our family, friends, teammates and local communities and protecting the NHS must remain our priority.

Detailed guidance on allowable activities at each stage will be communicated when appropriate, and in line with home nation guidance. Should there be a significant shift in general public health guidance, we will accelerate alternative plans.

| BRITISH AMERICAN FOOTBALL RETURN TO PLAY STAGES | STAGE 1<br>Home-based virtual activity only | STAGE 2<br>Individual fitness and skills practice in small groups (max 6) | STAGE 3<br>Small group non-contact practice | STAGE 4<br>Larger group non-contact practice and locally organised non-contact friendly games | STAGE 5<br>Phased return to contact team practice and locally organised friendly games | STAGE 6<br>Return to competitive American Football activities |
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| INDICATIVE EARLIEST DATES | ✅ | ✅ | ✅ | ✅ | JANUARY | MARCH |

At each stage the stated activity is the maximum permitted - in addition to the activities detailed in previous stages

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| CONTACT LEVEL | Non-contact | Non-contact | Non-contact | Non-contact | Full contact | Full contact |
| GROUP SIZE | Individual | Individual | Small group - Max 20 | Larger group - Max 30 | Full roster | Full roster |
| COMPETITION | ✖ | ✖ | Intra-club non-contact games only | Local inter-club non-contact games | Local inter-club contact games permitted | Return to National Leagues competition |
| WHAT DOES THIS LOOK LIKE? | Individuals can stay active locally outdoors with people from their own household | Individual outdoor practice - with physical distancing - to a max of six people. Minimal sharing of equipment. | Small group non-contact practice - max 20 participants in a wholly seperate practice or play group. Non-contact touch and flag intra-club games. Equipment sharing permitted. | Larger group non-contact practice - up to 30 participants on a wholly seperate practice or play group. Locally organised inter-club non-contact friendly games permitted. | A phased return to full team contact practice permitted with physical distancing no longer required. Local friendly contact and non-contact games permitted. | Full team contact practice and games permitted with physical distancing no longer required. National and / or regional competitive matches permitted. |
| WHAT DO CLUBS NEED TO HAVE IN PLACE? | | • Strong hand and equipment hygiene<br>• Risk assessment | All of previous plus:<br>• Club Covid 19 Officer / Team Leads<br>• Pre-activity health screening<br>• Attendance register to be kept<br>• Updated risk assessments | All of previous plus:<br>• Updated risk assessments (to include gameday) | All of previous plus:<br>• Updated risk assessments (to include gameday) | All of previous plus:<br>• Updated risk assessments (to include gameday) |

The transition between British American Football stages will be determined by home nation government guidelines which are subject to change at any time.

**ALL ACTIVITY TO INCLUDE APPROPRIATE SOCIAL DISTANCING MEASURES, STRONG HAND HYGIENE.**
**BRITISH AMERICAN FOOTBALL ASSOCIATION AND HOME NATION GOVERNMENT GUIDANCE MUST BE FOLLOWED AT ALL TIMES.**