



# BAFA Return to Play Road Map - Scotland Stage 3

Levels 0-4 overview (2 Nov 2020)

The Scottish Government has moved to a strategic approach to manage Covid-19 based on five graduated levels of protection. American football activity in Scotland is currently at Stage 3 in BAFA's Return to Play Roadmap. Below is a table showing what this means for each protection level.

	LEVEL 0	LEVEL 1	LEVEL 2	LEVEL 3	LEVEL 4
OVER 18'S	✓	✓	✓	✗	✗
UNDER 18'S	✓	✓	✓	✓	✗
NON-CONTACT TRAINING AND INTRA-CLUB GAMES	✓	✓	✓	Under 18's Only ✓	✗
NON-CONTACT INTER-CLUB GAMES	Not permitted in Stage 3	Not permitted in Stage 3	Not permitted in Stage 3	Not permitted in Stage 3	Not permitted in Stage 3
FULL CONTACT TRAINING/GAMES	Not permitted in Stage 3	Not permitted in Stage 3	Not permitted in Stage 3	Not permitted in Stage 3	Not permitted in Stage 3
GROUP SIZES	Max 20 participants (including coaches) in a wholly separate group - per half full sized pitch	Max 20 participants (including coaches) in a wholly separate group - per half full sized pitch	Max 20 participants (including coaches) in a wholly separate group - per half full sized pitch	Max 20 participants (including coaches) in a wholly separate group - per half full sized pitch	✗
INDOOR ACTIVITY	Not permitted in Stage 3	Not permitted in Stage 3	Not permitted in Stage 3	Not permitted in Stage 3	Not permitted in Stage 3
SOCIAL GATHERINGS	8 people from 3 households indoors 15 people from 5 households outdoors	6 people from 2 households outdoors or in hospitality settings	6 people from 2 households outdoors or in hospitality settings	6 people from 2 households outdoors or in hospitality settings	6 people from 2 households outdoors
TRAVEL - INDIVIDUALS	Over 18s in a Level 0, 1 or 2 area should, where possible, minimise unnecessary travel between areas and not travel to a Level 3 or 4 area to take part in organised sport or physical activity.  Under 18s may travel/be driven to play for their team if it is located in a higher or lower Level area.	Over 18s in a Level 0, 1 or 2 area should, where possible, minimise unnecessary travel between areas and not travel to a Level 3 or 4 area to take part in organised sport or physical activity.  Under 18s may travel/be driven to play for their team if it is located in a higher or lower Level area.	Over 18s in a Level 0, 1 or 2 area should, where possible, minimise unnecessary travel between areas and not travel to a Level 3 or 4 area to take part in organised sport or physical activity.  Under 18s may travel/be driven to play for their team if it is located in a higher or lower Level area.	Over 18s in a Level 3 area should not take part in contact sport or physical activity or travel to a Level 0-2 area to do so.  Under 18s may travel/be driven to play for their team if it is located in a higher or lower Level area.	Participants (all ages) should not drive/be driven in or out of Level 4 areas for the purposes of exercise.
TRAVEL - TEAMS	Not permitted in Stage 3	Not permitted in Stage 3	Not permitted in Stage 3	Not permitted in Stage 3	Not permitted in Stage 3
TRANSPORT	Avoid car sharing with people outside extended household where possible	Avoid car sharing with people outside extended household where possible	Avoid car sharing with people outside extended household where possible	Avoid car sharing with people outside extended household where possible. Avoid non-essential use of public transport.	Avoid car sharing with people outside extended household where possible. No use of public transport, except for essential circumstances.