



British American Football Association's Schools' Programme

'Touchdown Football': Overview

American football can be delivered in a school, as a versatile, exciting, inclusive invasion game suitable for boys and girls alike. It can also offer opportunities for those with limited mobility and disability that may not be obvious. Furthermore, the sport can be delivered through other curriculum opportunities (Enrichment or ASDAN Cope, for example). Within a school context, the sport can serve as a fun and safe introduction (with wide appeal), to a very exciting sport played by adults. Under the Touchdown Programme, young athletes can safely experience the game and for some, start their journey to playing the sport in its full-contact format in the BAFA National Leagues or through joining a community club or by continuing in education and joining a university team and playing in the university league. Delivering American Football in PE curriculum time can create the excitement for students of learning a totally new and different game than the school sports they would be very familiar with. It can challenge the very able student-athlete but also develop confidence and basic skills in the very weakest of student-athletes (because of the technical aspects in the way the sport is learnt and played). It is the potential *versatility* of American Football that is the reason why so many schools are beginning to deliver it within curriculum time as well as an after-school activity.

BAFA's Touchdown Football Programme aims to support schools to deliver the sport themselves with a new Induction Day, flexible teaching resources and a new schools' competition. For further information, please contact Rob Rooksby, BAFA Manager for Schools via email: schools@britishamericanfootball.org