



# TEMPLATE COVID-19 AMERICAN FOOTBALL RISK ASSESSMENT

## TEMPLATE COVID-19 CLUB RISK ASSESSMENT – PHASE 1 RETURN TO PLAY

Based on the Government Guidance for the public on the phased return of outdoor sport and recreation in England

**This is a template document and Clubs / Coaches should ensure their Risk Assessment is specific to their setting. They should also consider specific facility risk assessments and procedures, links to 3<sup>rd</sup> party risk assessments that impact on training and training specific risk assessment including the adaptation of training / drills to maintain the guidance.**

COVID-19 is a new illness that can affect your lungs and airways. It is caused by a virus called Coronavirus. Symptoms can be mild, moderate, severe or fatal.

This template risk assessment must be considered alongside the British American Football Associations Return to Play guidelines and the club’s other Health and Safety documents. The risk assessment process must be subject to continual review. It is the responsibility of the Coach, COVID-19 Officer, Team Management and the Team Welfare Officer to ensure that this risk assessment remains up-to-date and in line with current British American Football Associations and Government guidance.

<b>Club Name:</b>	<b>COVID-19 / Health &amp; Safety Officer:</b>
<b>Name of Activity:</b>	<b>Venue:</b>
<b>Assessment carried out by:</b>	<b>Date assessment was carried out:</b>
<b>Date of Review:</b>	

WHAT ARE THE RISKS?	WHO MIGHT BE HARMED?	CONTROLS REQUIRED	ADDITIONAL CONTROLS	ACTION BY WHO?	ACTION BY WHEN?	DONE?
Infection being passed directly from person to person	Players, coaches, support staff, members of the public at the facility	Signs detailing COVID-19 symptoms at venue/field entrance  All participants should be screened, and attendance documented. Any individual who answers positively to the screening questions should be advised to return home and self-isolate in line with government advice. Screening data to be held by the club / coach.	All attendees reminded of the following:  No bodily contact, including handshakes/high fives Wash hands thoroughly for 20 seconds after going to the toilet and use alcohol- based hand rub Social distancing rules apply – 2 metres No congregating once training has ended			

WHAT ARE THE RISKS?	WHO MIGHT BE HARMED?	CONTROLS REQUIRED	ADDITIONAL CONTROLS	ACTION BY WHO?	ACTION BY WHEN?	DONE?
<p>Infection being passed directly from person to person</p>	<p>Players, coaches, support staff, members of the public in the facility</p>	<p>Screening should be set up away from facility entrances/exits</p> <p>Maximum of 6 participants, including coaches and support staff. Ensure two adults are present at all practices involving under 18s</p> <p>If wholly separate groups are using the same venue then their entrance and exit times should be staggered</p> <p>Hand sanitiser available at entrances to the facility and on side of training area – should be applied regularly</p> <p>Suitable hand washing equipment available in toilets and changing rooms</p> <p>Attendees advised before leaving the house, they should check they do not have a high temperature, do not have a persistent cough, they have not lost their sense of taste and/or smell, they have not been in contact with a person with suspected COVID-19 within the past 48 hours, they have not been advised to self-isolate as per NHS guidance</p> <p>Training must be outside</p>	<p>All attendees reminded of the following:</p> <p>No bodily contact, including handshakes/high fives</p> <p>Wash hands thoroughly for 20 seconds after going to the toilet and use alcohol- based hand rub</p> <p>Social distancing rules apply – 2 metres</p> <p>No congregating once training has ended</p>			

WHAT ARE THE RISKS?	WHO MIGHT BE HARMED?	CONTROLS REQUIRED	ADDITIONAL CONTROLS	ACTION BY WHO?	ACTION BY WHEN?	DONE?
Infected surfaces in the building e.g. door handles, chairs and benches	Players, coaches, and support staff	Regular disinfection of heavily used areas and surfaces  COVID-19 bin available to dispose of cleaning equipment  Hand sanitiser available on field and in the entrance to building. Use separate entrances and exits to the facility, where possible	All attendees reminded to: <ul style="list-style-type: none"> <li>Avoid touching high contact surfaces e.g. door handles, benches, chairs.</li> <li>Use hand sanitiser frequently during practice</li> </ul>			
Infected equipment e.g. footballs, water bottles, towels	Players, coaches and support staff	All players and coaches bring their own equipment  No use of bibs unless brought directly by the player  No water bottles should be provided by coaches/clubs  Drills must be for individuals only and ball passing be limited to static pairs outside of a household.  Strong hand hygiene and sanitisation of balls must take place regularly .  Players must retrieve own balls	All attendees reminded to:  Not share water bottles, balls or any other equipment All footballs should be washed or wiped down after regularly and before and after the session			
Lack of space to maintain social distancing	Players, coaches and support staff	Only groups of up to 6 individuals including coaches and staff must be present  No team-based or contact drills.  Training must be outside.	All attendees reminded to:  Always stay 2 meters apart			

WHAT ARE THE RISKS?	WHO MIGHT BE HARMED?	CONTROLS REQUIRED	ADDITIONAL CONTROLS	ACTION BY WHO?	ACTION BY WHEN?	DONE?
Transport to and from sessions	Players, coaches and support staff	Car-pooling should not be advocated and public transport and coaches/ minibuses are not advised	When travelling on public transport a face covering must be worn			
Toilets and changing rooms	Players, coaches, and support staff	Cleaned regularly  Suitable hand washing equipment available in toilets and changing rooms  Venues should operate a 1 in, 1 out rule where toilets have restricted access	All attendees reminded to: <ul style="list-style-type: none"> <li>• Arrive changed, ready to play</li> <li>• Avoid prolonged time in the toilet</li> <li>• Avoid showering and changing at venue where possible</li> <li>• Wash hands thoroughly for 20 seconds and use an alcohol-based hand gel after going to the toilet</li> </ul>			
Infection passed on by non-participants i.e. spectators and members of the public	Players, coaches and support staff	Coaches and all support staff should meet players outside of the facility  Parents should not be permitted to enter the venue  Players and coaches should avoid leaving the field unless it is to go to the toilet  Use entrances which lead directly onto field, if possible	All attendees reminded to: <ul style="list-style-type: none"> <li>• Stay on field until session is completed wherever possible.</li> </ul>			
Increased risk to individuals with underlying medical conditions and those from BAME groups	Those with underlying medical conditions and BAME groups	Staff should make sure any participants within high risk group have all risk assessment information available so they can make an informed choice about joining the session	Those individuals with underlying medical conditions to complete the Return to American Football Guidance			

Risk to those returning to participate after being affected severely by Covid-19	Players, coaches and support staff	Follow medical guidance and published Government guidance				
Social distancing not being adhered to due to first aid or injury treatment required	Players, coaches and support staff	First Aider to ensure face mask and gloves are worn and equipment and hands area washed / sanitised before and after treatment  Waste disposed of safely. Accident form completed		First Aider		
Detriments to mental health	All individuals	Clubs / Coaches to promote mental health & well-being awareness to club members  Clubs to have a dedicated Welfare Officer	Regular communication of mental health information and an open-door policy for those who need additional support	Welfare Officer Coaches		