

**TEMPLATE COVID-19 AMERICAN FOOTBALL RISK ASSESSMENT**

**TEMPLATE COVID-19 CLUB RISK ASSESSMENT – PHASE 3 RETURN TO PLAY**

**Based on the Government Guidance for the public on the phased return of outdoor sport and recreation in Scotland**

**This is a template document and Clubs / Coaches should ensure their Risk Assessment is specific to their setting. They should also consider specific facility risk assessments and procedures, links to 3rd party risk assessments that impact on training and training specific risk assessment including the adaptation of training / drills to maintain the guidance. A separate form should be produced for each team within the club.**

COVID-19 is a new illness that can affect your lungs and airways. It is caused by a virus called Coronavirus. Symptoms can be mild, moderate, severe or fatal.

This template risk assessment must be considered alongside the British American Football Associations Return to Play guidelines and the club’s other Health and Safety documents. The risk assessment process must be subject to continual review. It is the responsibility of the Coach, Club Covid-19 Officer, Team Management and the Team Welfare Officer to ensure that this risk assessment remains up-to-date and in line with current British American Football Associations and Government guidance.

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| **Team Name:** | **Club Covid-19 officer:** |
| **Name of Activity:** | **Venue:** |
| **Assessment carried out by:** | **Date assessment was carried out:** |
| **Date of Review:** |  |

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| **WHAT ARE THE RISKS?** | **WHO MIGHT BE HARMED?** | **CONTROLS REQUIRED** | **ADDITIONAL CONTROLS** | **ACTION BY WHO?** | **ACTION BY WHEN?** | **DONE?** |
| Infection being passed directly from person to person | Players, coaches, support staff, members of the public at the facility | All participants should be screened, and attendance documented. Any individual who answers positively to the screening questions should be advised to return home and self-isolate in line with government advice.Screening data to be held by the club / coach. | All attendees reminded of the following:* No bodily contact, including handshakes/high fives
* Wash hands thoroughly for 20 seconds after going to the toilet and use alcohol- based hand rub
* Social distancing rules apply – 2 metres
* No congregating once training has ended
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| **WHAT ARE THE RISKS?** | **WHO MIGHT BE HARMED?** | **CONTROLS REQUIRED** | **ADDITIONAL CONTROLS** | **ACTION BY WHO?** | **ACTION BY WHEN?** | **DONE?** |
| Infection being passed directly from person to person | Players, coaches, support staff, members of the public in the facility | Screening should be set up away from facility entrances/exits | All attendees reminded of the following:* No bodily contact, including handshakes/high fives
* Wash hands thoroughly for 20 seconds after going to the toilet and use alcohol- based hand rub
* Social distancing rules apply – 2 metres
* No congregating once training has ended
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|  |  | Current BAFA guidelines on max number of participants per area and any required mitigations to be followed at all times |
|  |  | If wholly separate groups are using the same venue then their entrance and exit times should be staggered |
|  |  | Hand sanitiser available on side of training area – should be applied regularly |
|  |  | Suitable hand washing equipment available in toilets and changing rooms |
|  |  | Attendees advised before leaving the house, they should check they do not have a high temperature, do not have a persistent cough, they have not lost their sense of taste and/or smell, they have not been in contact with a person with suspected COVID-19 within the past 48 hours, they have not been advised to self-isolate as per NHS guidance |
|  |  | Training must be outside |

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| Infected equipmente.g. footballs, water bottles, towels | Players, coaches and support staff | All players and coaches bring their own equipmentNo use of bibs unless brought directly by the playerNo water bottles should be provided by coaches/clubs | All attendees reminded to:* Not share water bottles, balls or any other equipment
* All footballs should be washed or wiped down after regularly and before and after the session
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|  |  | Strong hand hygiene and sanitisation of balls must take place regularly . |  |
|  |  | Players must retrieve own balls  |  |
| Lack of space to maintain social distancing | Players, coaches and support staff | Current BAFA guidelines on max number of participants per area and any required mitigations to be followed at all times Training must be outside. | All attendees reminded to:Always stay 2 meters apart |  |  |  |

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| Transport to and from sessions | Players, coaches and support staff | Car-pooling should not be advocated and public transport and coaches/minibuses are not advised | When travelling on public transport a face covering must be worn |  |  |  |
| Toilets and changing rooms | Players, coaches, and support staff | All attendees reminded to:* Arrive changed, ready to play
* Avoid prolonged time in the toilet
* Avoid showering and changing at venue where possible
 | All attendees reminded to:* Wash hands thoroughly for 20 seconds and use an alcohol-based hand gel after going to the toilet
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| Infection passed on by non-participantsi.e. spectators and members of the public | Players, coaches and support staff | Coaches and all support staff should meet players outside of the facilityParents/guardians who are supervising their children should abide by Scottish Government physical distancing guidance and stay at least 2m away from those out with their own household. Groups of parents from different households should not congregate before, during or after the activityPlayers and coaches should avoid leaving the field unless it is to go to the toiletUse entrances which lead directly onto field, if possible | All attendees reminded to:* Stay on field until session is completed wherever possible.
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| Risk to those returning to participate after being affected severely by Covid-19 | Players, coaches and support staff | Follow medical guidance and published Government guidance |  |  |  |  |
| Social distancing not being adhered to due to first aid or injury treatment required | Players, coaches and support staff | Medics, physios or first aiders should have masks to wear and hand sanitiser to use when treating any injuries.After contact with an injured participant, medics, physios or first aiders will be encouraged to clean their hands thoroughly with soap and water or hand sanitiser at the earliest opportunity. Records should be kept of any injury treated and passed to the Covid-19 Officer or Covid-19 Team Lead so there is a record of the participants medics, physios or first aiders have come into close contact with for track and trace purposes.  |  | First Aider |  |  |
| Detriments to mental health | All individuals | Clubs / Coaches to promote mental health & well-being awareness to club membersClubs to have a dedicated Welfare Officer | Regular communication of mental health information and an open-door policy for those who need additional support | Welfare Officer Coaches |  |  |