BRITISH AMERICAN FOOTBALL ASSOCIATION GUIDELINE UPDATE (04/06/2020)

Participants & Coaches should follow home country guidance in the first instance.

- **Outdoor Field Based Individual Training in Small Groups Permitted.** Wholly separate groups of no more than 6 participants.
- **No Physical Contact.**
- **Players can train with members of own household.** Once per 24hrs, maintaining a 2m distance, players can train with 5 others from other households.
- **Equipment Sharing (including balls) should be kept to a minimum.**
- **No sharing of field equipment or training aids between households.**
- **Strong hand hygiene practices should be in place before and after.**
- **Wash hands and equipment regularly. Do not train or meet anyone if you have Coronavirus symptoms.**

Guidance can change at short notice.

Stay up to date on the latest British American Football Association guidelines: BAFCA.co.uk